

#### Check the flag color before bathing!

There are three colors of flag: green, yellow and red.

The blue flag indicates the restricted areas of beach, where the bathing is particularly watched.

Watch out! The flag color can change several times during the same day! Check regularly!



## GREEN = SAFE SWIM and watched

Bathing is considered safe and present no particular danger (calm sea)



## YELLOW = DANGEROUS but watched Bathing

Color yellow, sometimes orange, this flag signals a dangerous sea. Stay in preference to the edge of the water and don't take unnecessary risks



### RED = NO SWIMMING

It is raised when a danger occurs as waves, rips, violent winds, thunderstorm... Even by warm weather, do not break the instruction, you would put your life in danger! This summer, do not gamble with your safety.

On the beach, as on the road, the danger is often where we do not wait for it. To protect you, the lifeguards stations assure a daily surveillance of the beaches.



The 14 km of Agde coast are protected by 12 lifeguards stations, which are opened from 11:30 am to 6:30 pm, every day in July and in August and for some, weekends in September.

## Bathing, instructions for use!

- Learn to swim
- © Do not bathe only
- O Do not go further than shallow waters
- Never jump into a water from which you ignore the depth
- Avoid the zones where waves break as well as the surrondings of the rocky ears
- O Go gradually into the water, especially into cold one,

- more attention is required if you sunbathed or drunk alcohol
- O Do not presume your strengths and your physical abilities
- Prefer the supervised zones of bathing
- Olimpuire regularly of weather conditions
- O Do respect the rules of the flag color









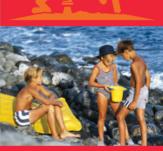


## while practising a nautical activity

- O Do it in the authorized zones
- Never do it on your own
- Be aware of possible rips
- © Equip yourselves with articles of wear safety equipment according to your activity

# Children: attention, vigilance!







- Teach them to swim as soon as possible
- Never leave unsupervised child at the water's edge
- © Equip them with floating armbands adapted to their size and to their weight
- On not let them bathe without the presence of a adult
- Watch out! Inflatable rings and toys as air beds do not protect from the drowning!



In case of **emergency**, dial **18**(French landline)

or **112** 

(European mobile emergency number)





Toute trade it has a supplemental trade of the supplemental trade of t